

Profile Therapist – member of Therapists’ Association Tekentaal Project aid for Ukrainian children and their mothers



Due to changing circumstances this profile may be adapted from time to time or it may be removed.

ID-code practice and VT-therapist	RTh01Ut
Location (city, town) of the therapist’s practice	Utrecht (City)
Is this therapist male or female?	Female
Is de practice easy to reach by Public Transport?	Yes
Does this therapist speak the refugees’ native language? (Ukrainian)	No
Does this therapist speak other languages well enough for therapy purposes? (Apart from Dutch) Which languages:	Yes, English, German
Is mother allowed to be an interpreter if she can, wants to?	Yes
Which languages?	English or German
Is another family member or relative allowed to be an interpreter or is an external interpreter allowed?	Yes. External interpreter should be acceptable and safe for both client and therapist
Under which conditions?	
How many mother-child couples can this therapist currently aid?	1
How many children are max welcome accompanied by one adult?	2
How many adults are max welcome with one child?	2
What ages does this therapist work with?	8-18 years old; adults
Does this therapist work with groups of children?	No
Maximum size group?	N.A.
Are parents/adult refugees welcome without (their) child(ren)?	Yes
How long does this offer for free aid last?	3 months
When does this offer of free aid stop?	15 July 2022
Maximum number of sessions for mother-child couples or parents:	8
Available days and times to book sessions with this therapist:	Tuesdays between 13-17u Wednesdays 16:30-18u
Sessions frequency. Possibilities:	One time only; weekly; every two weeks
Duration of individual sessions (adult or mother-child couple):	1 hour. Max 1,5 hour.
Duration of group sessions:	N.A.
Other information:	N.A.

Therapeutic method:

Therapy using drawings as a medium for expression. Focusing on support, trauma processing, enhancing and consolidating the sense of inner security, empowerment. Clients make drawings and talk about their drawings to help express and process what they feel and think.

Materials/tools:

A4 drawing paper, pencil, coloring pencils